

TOTAL HEALTH EMPOWERMENT COURSE

Free Presentation BODYTALK ACCESS Clear Horizons

Presentation Thursday Mar. 8, 7:00-8:30 Access Course Sun. Mar.11, 9:00-5:00

IS  FOR ME?



Are you a parent? Caregiver? Sleeping well? Experiencing chronic pain? Worrying? Working in stressful conditions? Seeking self-health maintenance? A health practitioner?

SELF CARE: ACCESS THE BODY'S ABILITY TO HEAL ITSELF.

Increase overall health, vitality and well being on a daily basis. Easy to learn simple and effective techniques to focus the brain and immune system to address illness, stress, allergies, chronic pain, attention difficulties, and emergency care. This course will forever enhance your Access to maintain health. Awaken the healer within.

FAMILY CARE: RETURN HEALTH CARE TO THE HOME In one day you will learn five techniques to safely assist others anytime, anywhere with common health problems and tend to trauma and injuries safely, quickly and effectively. Feel empowered and effective.

HEALTH CARE PRACTITIONERS: BODYTALK ACCESS Technician Certification complements any health care profession. Simple to integrate energy based techniques enhance recovery and over-all health. (7 CEUs for Massage Therapists - Pending approval)

TEACHERS: In a few moments you can greatly increase the ability to focus. Students learn to 'unswitch' themselves and enhance brain function, left/right balance, attentiveness, concentration and mood.

ATHLETES: OPTIMIZE COORDINATION AND PERFORMANCE. "Tap Out" injuries on the field quickly, safely, and continue athletic event. When **COACHES** discover the immediate effects of 'Fast Aid' on recovery from injury, every team will utilize BodyTalk Access.

FIRST RESPONDERS: ACCESS 'FAST AID' stabilizes the brain which immediately enables the body's response to injury to become active in addressing minor and major trauma. Immediate results.

BUSINESS LEADERS: ENHANCE PRODUCTIVITY. Think you can't afford to promote health and wellness? Think again. Billions of dollars are lost to silly mistakes from stress and illness every year. Access techniques increase focus, concentration, mood, and overall health and well-being. **Discount rates for groups of five or more.**

BodyTalk

A state of the art system of health care utilizing the innate intelligence of the body's own wisdom to safely conduct healing. Amazing results.
bodytalksystem.com

Access

Five techniques of BodyTalk taught in a one day course.
INFORMATION:
bodytalkaccess.com

Clear Horizons

1200 Trinity Rd
Raleigh, NC 27607
(919) 233-3991

BodyTalk

PRESENTATION
Thurs. Mar. 8 7:00
Access Course
Sun. Mar. 11 9:00

BodyTalk Sessions
Karen Sorensen CBP
Access Trainer
919-967-8646
bodytalksystem.com
See 'Instructors' Bio