



Vibrational Sound Therapy

Most Indigenous Cultures around the world have used sound healing to connect with Mother Earth and enter into higher states of consciousness. Rattles and drums were used by shamans in other cultures to heal the body since they are the instruments that most closely simulate the sound of the beating human heart. Musical instruments from around the world will be played so you can feel the magic of these unusual sound currents energizing your body down to the cellular level. Experience increased feelings of joy, peace and love in your life after this transformative event.

Ride the waves of breath while experiencing your innermost sounds through vocal toning. This workshop will also cover the health benefits of vocal toning and chanting mantras as a daily practice. Each attendee will receive a guide for self study on the mantras practiced in the workshop. It is a unique experience you will not forget !

Presentors: Brian Boggs and Michelle Barrial of www.mysticalways.com and www.healingheartsandminds.com

May 30 from 6-8PM. Clear Horizons

Raleigh, North Carolina Cost: \$35

prepaid \$45 at door. Space is limited.

To reserve: 919-233-3991

or 786-683-9700.